

# IndianHoney™

#beeloved

A wooden honey dipper is shown with a large, thick, golden honey drizzle on a yellow background. The honey is dripping from the dipper, creating a large, irregular shape. The background is a solid yellow color.

100% PURE AND NATURAL HONEY



# About us

**Welcome to IndianHoney, where purity meets nature!**

At IndianHoney, we are dedicated to bringing you the finest quality honey, harvested from the lush and diverse landscapes of India. Our honey is 100% pure and natural, sourced directly from the nectar of wildflowers and medicinal plants found in the pristine forests and fields across the country.

Each jar of IndianHoney is a testament to our commitment to quality, sustainability, and the well-being of our customers.

# Our mission

Our mission is to bring nature's finest, purest, and most flavorful honey from the hive to your table. We are dedicated to sustainable beekeeping practices that honor the delicate balance of our ecosystems, ensuring the health and vitality of our bees and the purity of our honey. We strive to provide our customers with a natural, unadulterated product that celebrates the essence of nature's sweetness, supporting a healthy lifestyle and contributing to the well-being of our planet. Through our commitment to quality, transparency, awareness and environmental stewardship, we aim to build a community of conscious consumers who value authenticity and the extraordinary gifts of the natural world.





# Our collection



Join us on a journey to discover the pure, natural goodness of IndianHoney. Our commitment to quality and sustainability ensures that every spoonful of our honey is a step towards a healthier, happier you. Taste the difference and embrace the natural sweetness of IndianHoney today!

**Ayurveda, the ancient Indian system of medicine, holds honey in high regard for its numerous health benefits.**

Experience the Difference with IndianHoney

# Rajasthan Acacia Honey (बबूल – Babool)

**Description:** Rajasthan Acacia Honey is a premium variety of honey harvested from the nectar of Acacia flowers in the arid regions of Rajasthan. This honey is known for its light, almost transparent colour and its mild, floral taste. The unique climate and flora of Rajasthan contribute to the distinct characteristics of this honey, making it a sought-after product for both culinary and medicinal uses.



## Benefits:

**Rich in Antioxidants:** Acacia honey is packed with antioxidants, particularly flavonoids, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Low Glycemic Index:** This honey has a lower glycaemic index compared to other types of honey, making it a better option for those managing blood sugar levels.

**Antibacterial Properties:** The natural antibacterial properties of Acacia honey make it effective in treating wounds and preventing infections.

**Digestive Health:** It promotes digestive health by soothing the stomach lining and aiding in the digestion process.

**Skin Care:** Acacia honey can be used in skincare routines to moisturize and nourish the skin, thanks to its natural humectant properties.

**Energy Booster:** As a natural source of carbohydrates, it provides a quick and sustained energy boost, making it an excellent alternative to refined sugars.

**Respiratory Health:** It can help alleviate symptoms of respiratory conditions such as coughs and sore throats due to its soothing properties.

Rajasthan Acacia Honey is not only a delicious addition to your diet but also a versatile and beneficial natural remedy.



# Cinnamon Honey (दालचीनी – Dalchini)

**Description:** Cinnamon Infused Honey is a delightful blend of natural honey and cinnamon, creating a unique and flavorful combination. This infusion involves mixing high-quality honey with ground cinnamon or cinnamon sticks, allowing the honey to absorb the warm, spicy essence of the cinnamon. The result is a rich, aromatic honey with a distinctive taste that enhances both sweet and savory dishes.



## Benefits:

**Anti-inflammatory Properties:** Both honey and cinnamon have anti-inflammatory properties, which can help reduce inflammation in the body and alleviate symptoms of conditions like arthritis.

**Rich in Antioxidants:** This combination is packed with antioxidants, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Immune System Support:** The antibacterial and antiviral properties of honey and cinnamon help boost the immune system, making it easier to fight off infections.

**Digestive Health:** Cinnamon Infused Honey aids in digestion and can help soothe gastrointestinal issues such as indigestion and bloating.

**Heart Health:** This blend may help improve heart health by reducing bad cholesterol (LDL) levels and increasing good cholesterol (HDL) levels.

**Blood Sugar Regulation:** Cinnamon is known for its ability to help regulate blood sugar levels, making this honey a good choice for people managing diabetes.

**Skin Care:** When applied topically, Cinnamon Infused Honey can help treat acne, reduce the visibility of scars, and moisturize the skin.

**Respiratory Health:** This honey can help alleviate symptoms of respiratory conditions such as coughs and sore throats due to its soothing properties.

# Himalayan Multiflora Honey (मधु - Madhu)

**Description:** Himalayan Multiflora Honey is a unique and natural honey harvested from the pristine forests of the Himalayan region. This honey is produced by bees that collect nectar from a diverse range of flowers, including medicinal and herbal plants found in the deep, pollution-free forests. The variety of floral sources gives this honey a rich, complex flavour profile and a wide range of nutritional benefits



## Benefits:

**Rich in Antioxidants:** Himalayan Multiflora Honey contains high levels of antioxidants, including flavonoids and phenolic compounds, which help combat free radicals in the body and reduce oxidative stress.

**Immune System Support:** Regular consumption of this honey can boost the immune system due to its antibacterial and anti-inflammatory properties

**Digestive Health:** It aids in digestion and can help soothe digestive issues, thanks to its natural enzymes and probiotic properties

**Skin and Wound Healing:** This honey can be applied topically to treat wounds and burns, promoting faster healing and reducing inflammation

**Natural Energy Booster:** As a natural source of carbohydrates, it provides a quick and sustained energy boost, making it an excellent alternative to refined sugars

**Cough Suppressant:** It can act as a natural cough suppressant, providing relief from sore throats and coughs

**Allergy Relief:** Some believe that consuming local multiflora honey can help alleviate seasonal allergies by introducing small amounts of pollen to the body

Himalayan Multiflora Honey is not only a delicious addition to your diet but also a powerhouse of health benefits.



# Sidr Honey (बेर – Jujube)

**Description:** Sidr Honey is a rare and highly prized honey harvested from the nectar of Sidr trees (*Ziziphus spina-christi*), primarily found in Yemen and other parts of the Middle East. This honey is known for its rich, deep amber color and its unique, luxurious taste. The Sidr tree, often referred to as the Lote tree, has been revered for centuries for its medicinal properties, and the honey produced from its flowers is considered one of the finest in the world.



## Benefits:

**Rich in Antioxidants:** Sidr honey is packed with antioxidants, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Antibacterial and Antiviral Properties:** This honey has strong antibacterial and antiviral properties, making it effective in treating infections and boosting the immune system.

**Digestive Health:** Sidr honey aids in digestion and can help soothe gastrointestinal issues such as ulcers and indigestion.

**Wound Healing:** It is known for its wound-healing properties, promoting faster recovery and reducing inflammation when applied topically.

**Energy Booster:** As a natural source of carbohydrates, Sidr honey provides a quick and sustained energy boost, making it an excellent alternative to refined sugars.

**Anti-inflammatory:** The anti-inflammatory properties of Sidr honey can help reduce inflammation in the body, providing relief from conditions such as arthritis.

**Skin Care:** Sidr honey can be used in skincare routines to moisturize and nourish the skin, thanks to its natural humectant properties.

**Respiratory Health:** It can help alleviate symptoms of respiratory conditions such as coughs and sore throats due to its soothing properties.



# Indian Wild Forest Honey (Apis Dorsata)

**Description:** Indian Wild Forest Apis Dorsata Honey is a rare and exquisite honey harvested from the nectar of wildflowers in the dense forests of India. This honey is produced by the giant honey bee, Apis dorsata, which builds large, exposed combs high up in trees or on cliffs. Known for its rich, dark color and robust flavor, this honey is collected through traditional honey hunting methods by indigenous communities.



## Benefits:

**Rich in Antioxidants:** Apis dorsata honey is packed with antioxidants, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Antibacterial and Antiviral Properties:** This honey has strong antibacterial and antiviral properties, making it effective in treating infections and boosting the immune system.

**Digestive Health:** It aids in digestion and can help soothe gastrointestinal issues such as ulcers and indigestion.

**Wound Healing:** Known for its wound-healing properties, Apis dorsata honey promotes faster recovery and reduces inflammation when applied topically.

**Energy Booster:** As a natural source of carbohydrates, it provides a quick and sustained energy boost, making it an excellent alternative to refined sugars.

**Anti-inflammatory:** The anti-inflammatory properties of this honey can help reduce inflammation in the body, providing relief from conditions such as arthritis.

**Skin Care:** Apis dorsata honey can be used in skincare routines to moisturize and nourish the skin, thanks to its natural humectant properties.

**Respiratory Health:** It can help alleviate symptoms of respiratory conditions such as coughs and sore throats due to its soothing properties.

# Litchi Honey

**Description:** Indian Litchi Honey is a delightful and aromatic honey derived from the nectar of litchi tree blossoms, primarily found in the northern regions of India. This honey is known for its light amber colour and its unique, fruity flavour with a hint of floral undertones. The litchi trees bloom during the summer, and the bees collect nectar from these blossoms to produce this exquisite honey.



## Benefits:

**Rich in Antioxidants:** Litchi honey is packed with antioxidants, including vitamins and minerals, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Antibacterial and Antifungal Properties:** This honey has natural antibacterial and antifungal properties, making it effective in treating infections and boosting the immune system.

**Digestive Health:** It aids in digestion and can help soothe gastrointestinal issues such as ulcers and indigestion.

**Energy Booster:** As a natural source of carbohydrates, litchi honey provides a quick and sustained energy boost, making it an excellent alternative to refined sugars.

**Skin Care:** Litchi honey can be used in skincare routines to moisturize and nourish the skin, thanks to its natural humectant properties.

**Respiratory Health:** It can help alleviate symptoms of respiratory conditions such as coughs and sore throats due to its soothing properties.

**Memory Enhancement:** Some studies suggest that litchi honey may help improve memory and cognitive function.

Indian Litchi Honey is not only a delicious addition to your diet but also a versatile and beneficial natural remedy.



# Tulsi Honey (Holy Basil)

**Description:** Indian Tulsi Honey is a unique and aromatic honey derived from the nectar of Tulsi (Holy Basil) flowers, a plant revered in Ayurveda for its medicinal properties. This honey is known for its light amber color and its distinctive, slightly spicy flavor with herbal undertones. The Tulsi plant, also known as *Ocimum sanctum*, is considered sacred in India and is often grown in household gardens for its health benefits. Induce this exquisite honey.



## Benefits:

**Rich in Antioxidants:** Tulsi honey is packed with antioxidants, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Immune System Support:** The combination of Tulsi and honey provides powerful immune-boosting properties, helping to fight off infections and improve overall health.

**Respiratory Health:** Tulsi honey is known for its ability to soothe respiratory conditions such as coughs, colds, and sore throats due to its anti-inflammatory and antimicrobial properties.

**Digestive Health:** It aids in digestion and can help soothe gastrointestinal issues such as ulcers and indigestion.

**Stress Relief:** Tulsi is an adaptogen, which means it helps the body cope with stress. Consuming Tulsi honey can promote mental clarity and reduce anxiety.

**Skin Care:** Tulsi honey can be used in skincare routines to moisturize and nourish the skin, thanks to its natural humectant properties and antibacterial effects.

**Energy Booster:** As a natural source of carbohydrates, it provides a quick and sustained energy boost, making it an excellent alternative to refined sugars.

# Jamun Honey (Indian Blackberry)

**Description:** Indian Jamun Honey is a unique and flavorful honey derived from the nectar of Jamun (Indian blackberry) tree flowers, primarily found in the Indian subcontinent. This honey is known for its dark amber color and its rich, slightly tangy taste with a hint of sweetness. The Jamun tree, scientifically known as *Syzygium cumini*, is celebrated for its medicinal properties, and the honey produced from its flowers carries these benefits.



## Benefits:

**Rich in Antioxidants:** Jamun honey is packed with antioxidants, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Blood Sugar Management:** This honey is known for its ability to help regulate blood sugar levels, making it a good choice for people with diabetes.

**Digestive Health:** It aids in digestion and can help soothe gastrointestinal issues such as ulcers and indigestion.

**Immune System Support:** The antibacterial and antifungal properties of Jamun honey help boost the immune system and fight off infections.

**Skin Care:** Jamun honey can be used in skincare routines to moisturize and nourish the skin, thanks to its natural humectant properties.

**Energy Booster:** As a natural source of carbohydrates, it provides a quick and sustained energy boost, making it an excellent alternative to refined sugars.

**Heart Health:** The antioxidants and minerals in Jamun honey, such as potassium, help improve heart health and reduce the risk of cardiovascular diseases.

**Weight Management:** Jamun honey is low in calories and high in fiber, making it a great addition to a weight management diet.



# Ginger Honey – (अदरक – Adrak)

**Description:** Ginger Infused Honey is a delightful blend of natural honey and ginger, creating a unique and flavorful combination. This infusion involves mixing high-quality honey with fresh or dried ginger, allowing the honey to absorb the warm, spicy essence of the ginger. The result is a rich, aromatic honey with a distinctive taste that enhances both sweet and savory dishes.



## Benefits:

**Anti-inflammatory Properties:** Both honey and ginger have anti-inflammatory properties, which can help reduce inflammation in the body and alleviate symptoms of conditions like arthritis.

**Rich in Antioxidants:** This combination is packed with antioxidants, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Immune System Support:** The antibacterial and antiviral properties of honey and ginger help boost the immune system, making it easier to fight off infections.

**Digestive Health:** Ginger Infused Honey aids in digestion and can help soothe gastrointestinal issues such as indigestion and bloating.

**Heart Health:** This blend may help improve heart health by reducing bad cholesterol (LDL) levels and increasing good cholesterol (HDL) levels.

**Blood Sugar Regulation:** Ginger is known for its ability to help regulate blood sugar levels, making this honey a good choice for people managing diabetes.

**Skin Care:** When applied topically, Ginger Infused Honey can help treat acne, reduce the visibility of scars, and moisturize the skin.

**Respiratory Health:** This honey can help alleviate symptoms of respiratory conditions such as coughs and sore throats due to its soothing properties.

# Tulsi - Lemon - Ginger Honey

**Description:** Ginger, Lemon Infused with Tulsi

Honey is a delightful and health-boosting blend that combines the natural goodness of honey with the powerful properties of ginger, lemon, and Tulsi (Holy Basil). This infusion involves mixing high-quality honey with fresh ginger, lemon juice, and Tulsi leaves, allowing the honey to absorb the zesty, spicy, and herbal flavors. The result is a rich, aromatic honey with a unique taste that enhances both sweet and savory dishes.

**Benefits:**

**Rich in Antioxidants:** This blend is packed with antioxidants from honey, ginger, lemon, and Tulsi, which help protect the body from oxidative stress and reduce the risk of chronic diseases.

**Immune System Support:** The antibacterial, antiviral, and anti-inflammatory properties of honey, ginger, lemon, and Tulsi help boost the immune system, making it easier to fight off infections.

**Digestive Health:** Ginger and lemon are well-known for their digestive benefits, helping to alleviate nausea, bloating, and indigestion. Tulsi also aids in digestion and can help soothe gastrointestinal issues.

**Respiratory Health:** This honey can help alleviate symptoms of respiratory conditions such as coughs, colds, and sore throats due to its soothing properties.

**Stress Relief:** Tulsi is considered an adaptogen, helping the body adapt to stress and promote relaxation. Combined with the calming effects of honey and ginger, this blend can help reduce anxiety and improve mental clarity.

**Skin Care:** When applied topically, this honey can help treat acne, reduce the visibility of scars, and moisturize the skin, thanks to its natural humectant properties and antibacterial effects.

**Energy Booster:** As a natural source of carbohydrates, this honey provides a quick and sustained energy boost, making it an excellent alternative to refined sugars.



# Our range of products

**PURE HONEY**

**RAW HONEY**

**INFUSED HONEY**

**VENOM**

**BEE WAX/COMB**

**ROYAL JELLY**



# Available verities

## PURE HONEY

1. Wild Forest Honey (apis dorsata)
2. Black Forest Honey (apis dorsata)
3. Himalayan Multi-flora Honey
4. Sidr/ Berry/ Jujube Honey
5. Litchi Honey
6. Jamun/ Wild Berry Honey
7. Tulsi Honey
8. Shisham/Rosewood Honey
9. Eucalyptus/ Safeda Honey
10. Ajwain/Carom seeds Honey
11. Sunflower Honey
12. Mustard/ White / Creamy Honey
13. Barseem Honey / Clover Honey
14. Rajasthan Acacia/ Kikar/ Babool Honey
15. Kashmiri Acacia/ Keekar Honey
16. Saunf/ Aniseeds Honey
17. Coriander/ Dhaniya Honey
18. Red Honey
19. Karanj Honey
20. Brankut Honey (Aravalli Hills, Rajasthan)
21. Rare Honey-Limited Stock
- 22.(First time in India) Sundarvan Forest/Mangrove

## INFUSED HONEY

1. Cinnamon Honey
2. Lemon Honey
3. Ginger Honey
4. Vanilla Honey
5. Ashwagandha Honey
6. Coffee Honey
7. Amla Honey
8. Moringa Honey
9. Chocolate Honey
9. Tulsi, Lemon, Ginger





# Our migration route

Month	Honey	Place of Harvest
15 December to 15 March	Mustard Honey	Alwar, Bharatpur (Rajasthan)
15 March to 20 April	Shisham Honey	Hanumangarh, Sriganganagar (Rajasthan)
	Rajasthan Acacia	Kota, Bundi, Baran (Rajasthan)
	Eucalyptus Honey	Uttar Pradesh
	Litchi Honey	Nainital, Muzaffarpur (Bihar)
	Himalayan Multi flora Honey	Nagrota (Jammu)
20 April to 30 May	Barseem Honey	Sabalgarh (M.P.)
	Kashmir Acacia Honey	Srinagar and Anantnag (Kashmir)
June	Jamun Honey	M.P. and Kashganj (Uttar Pradesh)
September	Berry or Sidr Honey	Hanumangarh and Sri Ganganagar (Rajasthan)
October	Ajwain and Tulsi Honey	Chittorgarh and Pratapgarh (Rajasthan)
November	Eucalyptus Honey	Uttar Pradesh
	Black Forest Honey	Shivpuri Forest, Shivpuri Tiger Reserve (MP), Jim Corbett, Uttarakhand
March and April	Fennel Honey	Gujarat, Sawai Madhopur (Rajasthan)
	Wild Forest Honey	Bareilly and Itawa Forest (Uttar Pradesh)
May and June	Sunflower Honey	Karnal, Ambala, Haryana
June	Neem Honey	M.P., (Ranthambhore Wildlife sanctuary) Rajasthan
February and March	Coriander Honey	Kota, Jhalawar (Rajasthan)



# Our services

We take pride in being 100% Pure Apiary Honey Suppliers. Honey, also known as “liquid gold,” has long been prized by cultures worldwide. Natural apiary honey, a product of the painstaking work of honeybees that collect nectar from a varied range of blossoms, is one of the most sought-after variations. This golden elixir not only sweetens our taste receptors but also provides a variety of minerals and health advantages, making it a veritable treasure in the field of natural foods.

Apiary honey is produced by our domesticated bees like Apis Mellifera, Apis Cerena etc. They live in man-made beehives or bee boxes also called ‘Apiaries’. We have our own bee farms and work with Apis Mellifera bees. We collect a wide variety of natural honey with these boxes by the practice of migration.

**Retail/Wholesale  
Exports  
B2B & B2C  
Private/white label  
Corporate gifting  
Pharma  
HORECA**

**We are suppliers to pharma companies across India.**

**We are present on most of the well known Ecommerce portals in India.**

**We are available on many shelves across India in local and metro supermarkets.**



IndianHoney<sup>TM</sup>

A brand of

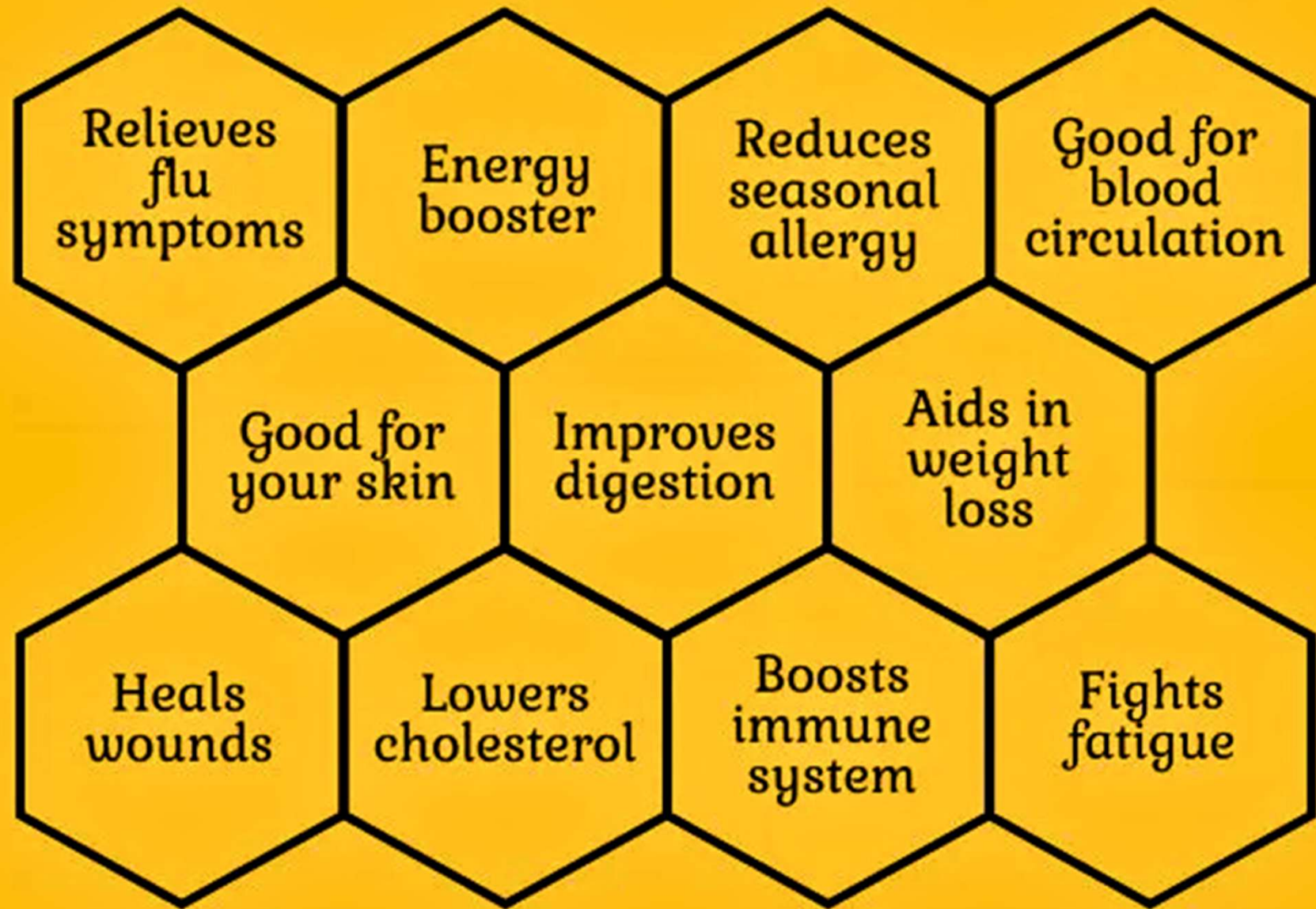
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## BENEFITS OF NATURAL HONEY



Did you know..? A hive of bees must fly 55,000 miles to produce a pound of honey.

